WARNING
This helmet is designed and intended exclusively for the use of pedal cyclists, skateboarders, and roller skaters. It is not intended for and will not provide adequate safety protection if used during motor sport or unadapted use, because it can trap the wearer against all unforeseen impacts. However, for maximum protection, the helmet must fit well and all retention straps must be securely fastened. Do not modify or remove any of the original components of this helmet other than what is recommended by the manufacturer, and that helmets should not be adapted for the purpose of fitting accessories in a way not recommended by the manufacturer.

This helmet should not be used by children whilst climbing or doing other activities when there is a risk of hanging if the child gets trapped with the helmet.

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PLEASE READ THIS MANUAL CAREFULLY BEFORE USING YOUR NEW HELMET

CONFORMS TO EN1078:2012+A1:2012

DUAL RATCHET - Place the helmet on your head. Push the Dual Ratchet adjacent until the headband is firm and comfortable. If you still do not feel the headband comfortable, adjustments must be made with the helmet in this position. For proper Dual Ratchet operation, refer to Figure 2. For proper position, please refer to Figure 6.

Then attempt to pull the helmet off by pulling on the front then the rear of the helmet. If the helmet comes off, increase strap tension and examine if the pads being used are thick enough. The helmet should not fall forward or backward excessively. It should not be possible to remove the helmet without unlatching the buckle.

FINAL CHECK
The important thing to remember is that the helmet fits snugly. If you can tilt it forward or backward you need to tighten the strap adjustment.

It is important for the helmet to fit snugly on your head. You should feel the strap pulling against your chin.

NOTE: All adjustments should be checked each time the helmet is worn, making sure it fits snugly at all times.

FIT PAD
Different thickness pads are available for a good fit. Fit pads are held in place by a hook and loop fastener. Any combination of the various pads provided until the helmet fits firmly and comfortably. All adjustment must be made with the helmet in the proper position. Failure to do so will result in a poor fit. A poor fit will allow the helmet to move out of position or come off in an accident. For proper position, please refer to Figure 8.

TO check the proper tension, put on the helmet and fasten the buckle. Open your mouth. You should feel the strap pulling against your chin.

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